

Eat Like Phil in Madrid

All eleven stops from Phil Rosenthal's Madrid episode — verified July 2026, mapped, and wired into your agenda.

Base: Calle del Príncipe de Vergara 248, 28016 Madrid (Chamartín) · Metro Colombia (L8+L9) & Pío XII (L9), each ~6 min walk

All "leave by" times target a **19:00 arrival** — but note each card's kitchen hours: Madrid dines late.

The overview map



- ★ Your residence
- Home turf - Chamartín
- Chamberí - Calle Ponzano
- Salamanca
- Centro histórico
- L9
- L7
- L5
- L8 airport

At a glance

#	Venue	Area	Serving at 19:00?	Price	Booking
1	Sacha	Home turf	⚠ later	€€€€	Book online
2	Restaurante Ponzano	Chamberí	✓ yes	€€–€€€	Online / walk-in
3	Sala de Despiece	Chamberí	⚠ later	€€€	Book online
4	Barrera	Chamberí	⚠ later	€€€	Phone
5	MO de Movimiento	Chamberí	✓ yes	€€–€€€	Online / walk-in
6	Casa Dani · Mercado de la Paz	Salamanca	✓ yes	€	Walk-in
7	StreetXO	Salamanca	⚠ later	€€€–€€€€	No bookings — queue
8	La Casa del Abuelo	Centro histórico	✓ yes	€€	Online / walk-in
9	Sobrino de Botín	Centro histórico	⚠ later	€€€€	Book well ahead
10	Chocolatería San Ginés	Centro histórico	✓ yes	€	Walk-in, 24 h
11	Mercado de San Miguel	Centro histórico	✓ yes	€€–€€€	Walk-in

The 19:00 problem (and the fix)

- Madrid kitchens mostly reopen **20:00–21:00**. Sure bets at 19:00: **Ponzano (2)**, **MO (5)**, **Casa Dani (6, Mon–Fri)**, **La Casa del Abuelo (8)**, **San Ginés (10)**, **San Miguel (11)**.
- For the rest: arrive 19:00, have a **caña on a terrace** nearby, walk in for the first seating — the most Madrid move there is.
- A 20:30 reservation marks you as a tourist but works fine as a compromise.

Metro in one minute

- **Tarjeta Multi** (€2.50 at red machines) + **10-trip Metrobús**; one card validates for both of you.
- Metro 6:00–1:30 daily. Later: night buses from Cibeles or Cabify (–€12–15 home).
- Golden routes: **L9 south** to Núñez de Balboa (Salamanca + the L5 nightlife line) · **L9 → Av. de América → L7** for the Ponzano cluster · **L8 from Colombia** = your 15-min airport link.
- Google Maps handles Madrid transit well. Official apps: Metro de Madrid, EMT Madrid.

Compiled from philrosenthalworld.com/cities/madrid and feedphil.com/madrid, cross-checked with official venue sites, July 2026. Schematic maps — distances and positions are approximate; tap any Route button for live directions.

Home turf · Chamartín · stops 1



Wander here: After dinner: wander Paseo de la Habana south to see the Bernabéu lit up (15 min), loop back past Mercado de Chamartín's quiet streets, or take a pre-dinner turn around Parque de Berlín. This is residential Madrid — relaxed, local, zero tourists.

1 Sacha

The bistro where Madrid's chefs eat — Phil's hideaway pick

What Phil had: Basque-influenced classics at Sacha Hormaechea's legendary bistro (since 1972).

ADDRESS C. de Juan Hurtado de Mendoza 11 (garden courtyard), 28036 Madrid

PHONE +34 913 45 59 52

PRICE €€€€ · ~45–60 pp

HOURS Mon–Fri 13:45–16:00 & 20:45–24:00 · closed Sat & Sun

⚠ **Kitchen opens 20:45 — book the first dinner slot instead**

Agenda: Already your Monday splurge 🍷

From the residence — arrive 19:00 · leave 20:30 for a 20:45 table (12 min walk)

walk Walk 850 m from the residence 12 min
— down P. de Vergara, right on C. de Alberto Alcocer side streets

12 min on foot — no metro needed

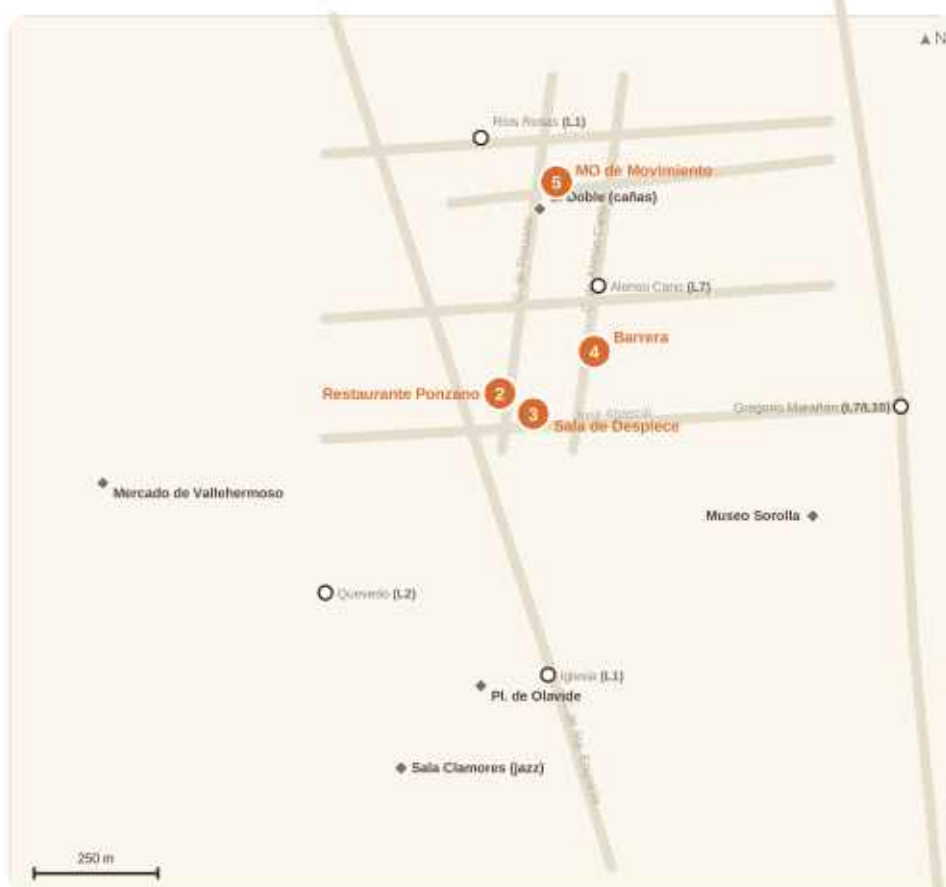
[Route \(Google Maps, transit\)](#)

[Website](#)

[Reserve \(CoverManager\)](#)

[World's 50 Best profile](#)

Chamberí · Calle Ponzano · stops 2, 3, 4, 5



Wander here: The verb is "ponzanear": drift bar to bar along Calle Ponzano — El Doble (no. 58) for the pre-dinner caña. With time to spare, stroll 10 min south to Plaza de Olavide, Chamberí's living room, ringed with terraces. Late jazz at Sala Clamores is a short walk; Museo Sorolla is on this side of town too.

2 Restaurante Ponzano

Family-run tapas stalwart that gave the street its verb

What Phil had: Tomato with onion, mushroom & egg, octopus, lamb chops and a giant steak.

ADDRESS C. de Ponzano 12, 28010 Madrid

PHONE +34 914 48 68 80

PRICE €€–€€€ · traditional market cooking since 1986

HOURS Mon–Thu 9:00–00:30 · Fri 9:00–01:30 · Sat 11:30–00:30 · Sun 11:30–24:00

✓ **Serving at 19:00 — bar runs all day**

Agenda: Fits your Thursday Ponzano crawl, between El Doble and Sala de Despiece

From the residence — arrive 19:00 · leave 18:25

walk	Walk to Colombia	6 min
L9	L9 dir. Arganda del Rey → Avenida de América	3 stops
L7	L7 dir. Pitis → Alonso Cano	2 stops
walk	Walk south on Alonso Cano, right on Bretón de los Herreros to Ponzano	5 min

~28 min door to door

[Route \(Google Maps, transit\)](#)

[Website](#)

[Menu \(la carta\)](#)

[Reserve online](#)

3 Sala de Despiece

Javier Bonet's butcher-lab tapas counter

What Phil had: The deconstructed beef tartare and roasted beet.

ADDRESS C. de Ponzano 11, 28010 Madrid

PHONE +34 917 52 61 06

PRICE €€€ · ~35–50 pp

HOURS Lunch 13:00–16:00 (Fri–Sun to 17:30) · dinner 20:00–00:30 daily

⚠ **Dinner from 20:00 — do a Ponzano-street caña first**

Agenda: Already your Thursday splurge stop 🍷

[Route \(Google Maps, transit\)](#)

[Website](#)

[Reserve](#)

From the residence — arrive 19:00 · leave 18:25 (as Ponzano 12 — it's across the street)

walk Walk to Colombia 6 min
L9 L9 dir. Arganda del Rey → Avenida de América 3 stops
L7 L7 dir. Pitis → Alonso Cano 2 stops
walk Walk 5 min — Ponzano 11 faces no. 12 5 min

~28 min door to door

4 Barrera

Old-school casa de comidas (Phil's site spells it "Barera")

What Phil had: Cabrito — roast baby goat — plus patatas revolconas with torreznos.

ADDRESS C. de Alonso Cano 25, 28010 Madrid

PHONE +34 915 94 17 57

PRICE €€€ · ~40–50 pp

HOURS Tue–Sat 13:00–16:00 & 21:00–23:00 · Sun lunch only · closed Mon

⚠ **Dinner from 21:00 — reserve by phone (Spanish helps: practice!)**

Agenda: 5 min from Ponzano — easy to fold into the Thursday crawl

[Route \(Google Maps, transit\)](#)

[Tripadvisor](#)

[Madrid à la Carta profile](#)

From the residence — arrive 19:00 · leave 18:30

walk Walk to Colombia 6 min
L9 L9 dir. Arganda del Rey → Avenida de América 3 stops
L7 L7 dir. Pitis → Alonso Cano 2 stops
walk Walk 3 min — the station is on its doorstep 3 min

~28 min door to door

5 MO de Movimiento

Wood-fired pizza & bread in a social-employment project

What Phil had: Sourdough pizza and bread from the wood ovens; the team employs at-risk youth.

ADDRESS C. de Espronceda 34, 28003 Madrid

PHONE +34 667 97 45 99

PRICE €€–€€€ · card only

HOURS Daily 13:00–23:00, kitchen non-stop

✓ Serving at 19:00 — one of the few good non-stop kitchens

Agenda: Your guide's pick for a low-key evening

[Route \(Google Maps, transit\)](#)

[Website](#)

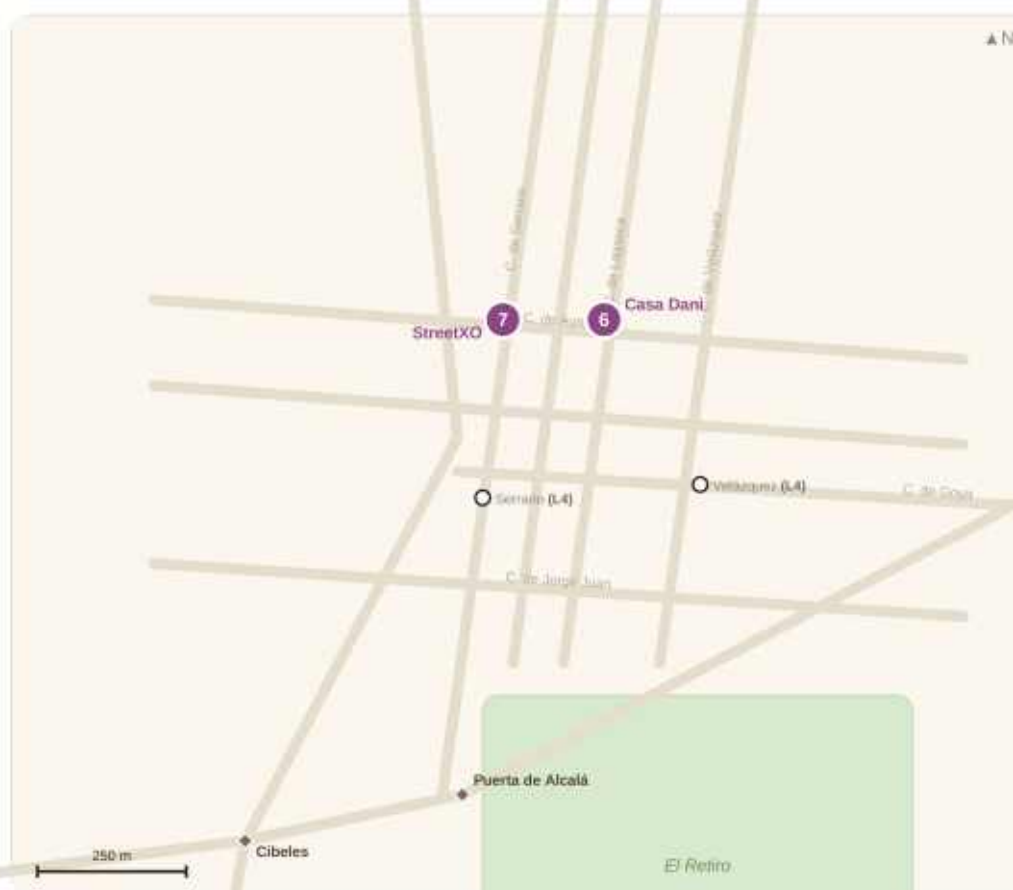
[Menu](#)

[Reserve](#)

From the residence — arrive 19:00 · leave 18:30

walk Walk to Colombia 6 min
L9 L9 dir. Arganda del Rey → Avenida de América 3 stops
L7 L7 dir. Pitis → Alonso Cano 2 stops
walk Walk north on Alonso Cano, left on Espronceda 3 min
~30 min door to door

Salamanca · stops 6, 7



Wander here: Perfect early-evening territory: tortilla at the market, then window-shop down Serrano — or the quieter Claudio Coello / Lagasca — to the Puerta de Alcalá, and slip into Retiro for golden hour. Calle de Jorge Juan is the elegant restaurant row; Museo Lázaro Galdiano crowns Serrano at no. 122.

6 Casa Dani · Mercado de la Paz

Madrid's benchmark tortilla, inside a real neighbourhood market

What Phil had: The famous tortilla de patata at Casa Dani; lemon-smoked oysters at Oh Délice; jamón at La Boquette.

ADDRESS C. de Ayala 28 (Mercado de la Paz), 28001 Madrid
PHONE +34 915 75 59 25
PRICE € · tortilla portion a few euros; menú del día at lunch
HOURS Market Mon–Fri 9:00–20:00 · Sat 9:00–14:30 · closed Sun

✓ Open till 20:00 Mon–Fri — but the tortilla can sell out; lunch is prime time

Agenda: Best as a weekday lunch; pairs with StreetXO (2 min away) for a Salamanca double

[Route \(Google Maps, transit\)](#)

[Casa Dani](#)

[Menu](#)

[Mercado de la Paz](#)

From the residence — arrive 19:00 · leave 18:32

walk Walk to Colombia 6 min

L9 L9 dir. Arganda del Rey → Núñez de Balboa 4 stops

walk Walk: Juan Bravo west, left on C. de Lagasca to Ayala 8 min

~25 min · alt: bus 29 down P. de Vergara to Goya + 10 min walk

7 StreetXO

Dabiz Muñoz unleashed — wild, loud, brilliant

What Phil had: Hamachi sashimi with sea urchin, scallop with gazpacho, duck dumplings with crispy pig ear, roasted octopus, the “dinosaur egg” cocktail.

ADDRESS C. de Serrano 47, 3rd floor of El Corte Inglés, 28001 Madrid — ⚠ moved from Serrano 52 (Phil's site is outdated)
PHONE +34 915 31 98 84
PRICE €€€–€€€€ · plates 16–30 each
HOURS Restaurant daily 13:00–16:00 & 20:00–23:00 · bar from 12:00 non-stop

⚠ At 19:00: cocktail-bar only; dinner seating from 20:00. No reservations — queue early

Agenda: Neither traditional nor relaxed — go only if curiosity wins (it might)

[Route \(Google Maps, transit\)](#)

[Website](#)

[esmadrid info](#)

From the residence — arrive 19:00 · leave 18:30

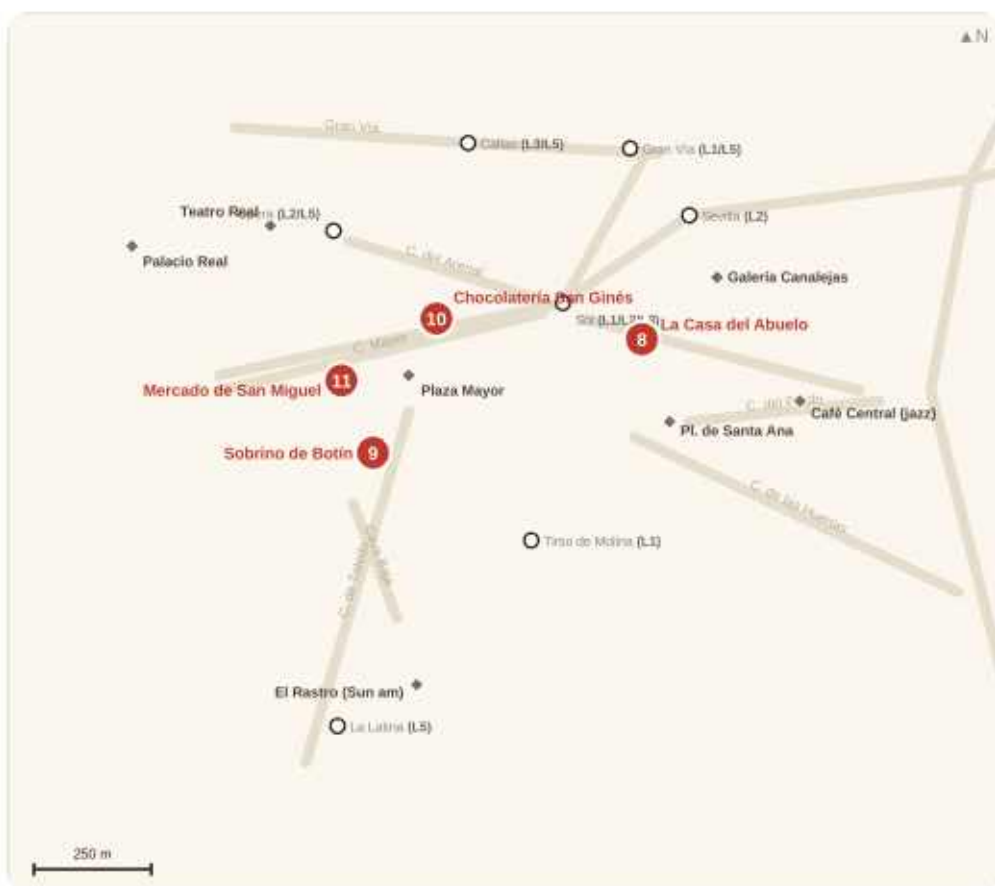
walk Walk to Colombia 6 min

L9 L9 dir. Arganda del Rey → Núñez de Balboa 4 stops

walk Walk: Juan Bravo west to Serrano, left to no. 47 10 min

~27 min · alt: L9 → Av. de América → L4 to Serrano + 6 min walk

■ Centro histórico · stops 8, 9, 10, 11



Wander here: The classic loop: Sol → San Ginés' alley → under Plaza Mayor's arches → down Cuchilleros past Botín → Cava Baja's tapas mile into La Latina. Or head east: Plaza de Santa Ana and the Huertas lanes for terraces, with Café Central (your Tuesday jazz) on C. del Prado. Sunday morning it's El Rastro.

8 La Casa del Abuelo

Sizzling gambas al ajillo since 1906

What Phil had: The garlic prawns, bubbling in olive oil, with a glass of their sweet house wine.

ADDRESS C. de la Victoria 12 (the 1906 original), 28012 Madrid

PHONE +34 910 00 01 33

PRICE €€ · quick, standing or table

HOURS Daily ~12:00–24:00, non-stop

✓ **Serving at 19:00 — perfect pre-jazz stop before Café Central (8 min walk)**

Agenda: Slots neatly before your Tuesday jazz night

From the residence — arrive 19:00 · leave 18:22

walk Walk to Colombia 6 min
L9 L9 dir. Arganda del Rey → Núñez de Balboa 4 stops
L5 L5 dir. Casa de Campo → Gran Vía 4 stops
walk Walk via C. de la Montera, cross Sol, left on Victoria 7 min

~35 min · alt: L9 north to Plaza de Castilla → L1 to Sol + 3 min

[Route \(Google Maps, transit\)](#)

[Website](#)

[Reserve online](#)

9 Sobrino de Botín

World's oldest restaurant — the oven has burned since 1725

What Phil had: Cochinillo asado (roast suckling pig) from the original wood-fired oven.

ADDRESS C. de Cuchilleros 17, 28005 Madrid

PHONE +34 913 66 42 17

PRICE €€€€ · cochinillo ~€35

HOURS Daily 13:00–16:00 & 20:00–23:30

⚠ **Dinner from 20:00 — book the opening slot; on the tourist path but historically legit**

Agenda: Saturday-lunch alternative to the Malacatín cocido — book well ahead

[Route \(Google Maps, transit\)](#)

[Website & menu](#)

[Phil's page](#)

From the residence — arrive 19:00 · leave 19:15 for the 20:00 first seating (18:15 if you want a Plaza Mayor stroll first)

walk Walk to Colombia 6 min
L9 L9 dir. Arganda del Rey → Núñez de Balboa 4 stops
L5 L5 dir. Casa de Campo → La Latina 7 stops
walk Walk up Cava Baja to Plaza Puerta Cerrada, then Cuchilleros 8 min
~40 min door to door

10 Chocolatería San Ginés

Churros con chocolate, 24 hours a day since 1894

What Phil had: Churros dunked in thick hot chocolate — Phil's breakfast, snack and dessert.

ADDRESS Pasadizo de San Ginés 5, 28013 Madrid

PHONE +34 913 65 65 46

PRICE € · churros + chocolate ~€5–6

HOURS 24 h, 365 days

✓ **Always open — best at a weird hour (post-jazz 00:30 is lovely)**

Agenda: Already your Friday post-midnight plan 🍷

[Route \(Google Maps, transit\)](#)

[Website](#)

[Menu \(PDF\)](#)

From the residence — arrive 19:00 · leave 18:18

walk Walk to Colombia 6 min
L9 L9 dir. Arganda del Rey → Núñez de Balboa 4 stops
L5 L5 dir. Casa de Campo → Ópera 6 stops
walk Walk 3 min — the pasadizo is off C. del Arenal 3 min
~38 min door to door

11 Mercado de San Miguel

Phil's bonus scene — your guide files it under "Don'ts"

What Phil had: Tapas, oysters and ibérico in the 1916 iron-and-glass hall.

ADDRESS Plaza de San Miguel s/n, 28005 Madrid

PHONE —

PRICE €€–€€€ · pretty, but tourist-priced

HOURS Daily 10:00–24:00 (Fri–Sat to 01:00)

✓ Open at 19:00 — walk through for the architecture, save your appetite for Botín next door

Agenda: Your real market is Chamartín. Trust the guide on this one 😊

[Route \(Google Maps, transit\)](#)

[Website](#)

From the residence — arrive 19:00 · leave

18:15

walk Walk to Colombia 6 min

L9 L9 dir. Arganda del Rey → Núñez de Balboa 4 stops

L5 L5 dir. Casa de Campo → Ópera 6 stops

walk Walk down C. Mayor to Plaza de San Miguel 5 min

~40 min door to door

Booking cheat-sheet

- **Book days ahead:** Botín (9), Sacha (1), Sala de Despiece (3) — links on their cards.
- **Phone only:** Barrera (4) — *"Hola, quería reservar una mesa para dos, el jueves a las nueve de la noche."*
- **No bookings:** StreetXO (7) — arrive at 20:00 opening or eat at the bar.
- **Walk-in fine:** Ponzano (2), MO (5), Casa Dani (6), La Casa del Abuelo (8), San Ginés (10), San Miguel (11).

Phil × your agenda

- **Mon 28 Sep** — Sacha (1) is already your splurge night. Phil approves.
- **Tue 29 Sep** — La Casa del Abuelo (8) slots in before the Café Central jazz set (8 min walk).
- **Thu 1 Oct** — the Ponzano crawl IS Phil territory: El Doble → Restaurante Ponzano (2) → Sala de Despiece (3); Barrera (4) and MO (5) are minutes away.
- **Fri 2 Oct** — post-midnight churros at San Ginés (10), exactly as planned.
- **Sat 3 Oct** — Botín (9) lunch is the alternative to Malacatín's cocido; San Miguel (11) is a look-not-eat stop nearby.
- **Weekday lunch** — Casa Dani (6) + StreetXO bar (7) make a Salamanca double, 2 min apart.

Mind the details

- **StreetXO moved:** Phil's site still says Serrano 52 — it is now **Serrano 47, 3rd floor of El Corte Inglés**.
- **Sacha closes weekends;** Barrera closes Monday; Casa Dani & Mercado de la Paz close Sunday (Sat from 14:30).
- Your guide files Mercado de San Miguel under "Don'ts" — Phil's bonus scene is the reason it's here at all. Walk through, spend your appetite elsewhere.
- Companion file: the interactive HTML guide (same content, live maps) — WhatsApp it to [REDACTED]; it opens in any browser.

Sources: philrosenthalworld.com/cities/madrid · feedphil.com/madrid · official venue websites & esmadrid.com (all verified July 2026) · Schematic maps by Claude · ¡Buen provecho!